

Support Group for Sexual Assault Survivors



Free group for adult women who have experienced any kind of sexual assault, rape, or molestation –as an adult or as a child

Do you sometimes feel ashamed, scared, or alone?

Do you think no one will understand?

Come and connect with others in a safe, confidential environment



You are not alone

During Shelter in Place, we meet on Mondays via a secure videoconference portal at 4:00-5:30 pm.

Lightweight screening is required prior to joining; please contact Annie Sankey at 408 295 4011 x3125 to initiate.

Cost: No charge

This group is facilitated by Annie Sankey AMFT and Kathleen Grey MFTT, supervised by licensed MFTs.

YWCA Silicon Valley
375 South 3rd St, San Jose
408 295 4011